From:	Paul Wilson
To:	Larm, Doug
Subject:	Golf Tip - 2 Important Wrist Drills
Date:	Friday, March 27, 2015 3:46:00 PM

Hi Doug,

Here is today's golf tip:

2 Important Wrist Drills

Tip 1

Drill - Grip Down To Feel The Release

Tip 2

DRILL: Grip Down For A Better Plane and Release

(You can also view this tip after you log in on the members page and homepage)

Description 1

In this tip I show you a drill to help feel the release. Hopefully, you know by now that you must release the club for power. If you are hitting the ball hard you tighten this release which slows the club down and causes inconsistencies. This is a great drill to help you feel the release when hitting golf balls.

Description 2

In this tip I show you a drill that not only helps you understand the swing plane but get you to feel the correct release of the golf club through impact. If you have been an arms swinger this will feel totally different.

Until next time,

Paul Wilson

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Creator - Swing Machine Golf

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