From:	Paul Wilson
To:	Larm, Doug
Subject:	Golf Tip - Remember Series - Tilt and Lift
Date:	Sunday, March 29, 2015 11:56:59 AM

Hi Doug,

Here is today's golf tip:

Tip

Remember Series - Tilt and Lift

(You can also view this tip after you log in on the members page and homepage)

Description

In this tip I talk about having the correct tilt of your upper body and then lifting the back heel a couple inches off of the ground by the moment of impact. Your upper body needs to be tilting slight backwards at eh moment of impact, this comes from firing the lower body first and results in making the golf club swing into an in to out path. Then by lifting the back heel off of the ground this is giving you the feeling of using the lower body in the golf swing. This is a great way of getting rid of a major swing flaw.

Until next time,

Paul Wilson

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